



The Trinity Bell



Volume 14, Issue 11

Newsletter of Trinity Episcopal Church

February 2017

The vision of Trinity Church is to be relevant to the Lake Region Community serving and drawing others to the gospel of Jesus Christ as a growing Episcopal Church.



A Word from Father Tony

Dear Trinity Family,

In these first weeks of the new presidency, with so much fear and distrust at home and unrest around the world, I

offer you a poem by Sylvia Chidi:

Peace, Peace, Peace

Peace,
Bring it on
Peace, peace
You do no wrong
Peace, peace, peace
You are strong

Stronger than hatred
Stronger than fear
Stronger than the dark powers
of a troubled mind

Peace
Stay with me
Peace, peace
Flee not, try to be kind
Peace, peace, peace
Why hath thou so tough to find?

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom. In these difficult times, teach us to love one another as you have loved us. Give us grace and wisdom to honor you in all we do. In our thoughts, words and deeds, help us show forth your love with empathy and compassion. Lord Jesus, keep our hearts and minds focused on you. *Amen.*

Warmly, Tony+

ANNUAL MEETING - FEBRUARY 5

Our annual meeting this year will take place on Sunday, Feb. 5th. We will have a single 10:00am service and the meeting will take place immediately following. The annual meeting is always important and informative. We will be electing three new Vestry members. There will also be a budget report and the new budget for 2017 will be presented. Please make plans to attend this meeting.

Since the Diocesan Convention will not be held until March this year, we will have a short meeting after Easter during which we will be able to hear reports from convention and we will elect a delegate and an alternate for next year's convention at that time. If you are interested in being a delegate, please let a member of the Vestry, Fr. Tony or the office know.

DIOCESAN CONVENTION MARCH 24, 2017

This year everyone in the diocese is invited to come to the Saturday events of Diocesan Convention where The Right Reverend & Right Honourable Richard Chartres, Bishop of London will be the speaker. The topic is "A New Day" The cost for those who wish to attend on Saturday is \$40.00 which includes: Round trip bus from the Marriot Hotel (where there is plenty of parking) to the Downtown Episcopal school as well as breakfast and lunch and evening hors d'oeuvres. If you would like to attend, you can go to the Diocesan website and you will find the form there or come into the office and we will help you register.

**This Sunday is the First Sunday
and our Annual Meeting
February 5, 2017
One Service at 10:00am
Potluck Lunch will follow the service.**

**Head of the Church
Jesus Christ**

**The Rt. Rev. Samuel Johnson Howard
Bishop of Florida**

Members of the Vestry

**Senior Warden
Donna Eichelsderfer 2017
Bob Hood, Jr. Warden 2017
Clay O'Neal 2017
Jeanne Homany 2018
Laurie Alsobrook 2018
Joyce Chesnut 2019
Brian McCrea 2019
Carol Pettie, Treasurer
Liz Outten, Clerk**

Clergy

Rev. Tony Powell, Rector

Music

**Margaret Rice, Choir Director
Figg Poncher, Organist**

Office

**Figg Poncher,
Financial Administrator
Linda Wilcox,
Parish Administrator
and Editor of the "Trinity Bell"**

Service Times

8:30 am and 11:00 am Sunday

**Trinity Episcopal Church
204 SR 26**

**Post Office Box 361
Melrose, Florida 32666**

**Office Hours: 9:30 am to 2:30 pm
Monday thru Thursday**

**Office Phone: 352 475-2177
Fax: 352 475-6181**

**Email:
trinitymelrose@windstream.net
Website: trinitymelrosefl.org**

**DEADLINE FOR THE
MARCH TRINITY BELL IS
FEBRUARY 15th**



ECW

The February ECW meeting will be on Feb. 7th at 10:00am in the Parish Hall. All women of the church are welcome to join with the ECW and their activities.

"TRINITY BELL"

If you have news of plans for the coming months, announcements, or reports, or would just like to write an article for the "Bell", the deadline is the 15th of each month. Communication is what helps us work and play together and we're always delighted to see new things each month. If you have something you'd like to see on our pages or ideas for new columns, please get in touch with Linda or Father Tony.

WITH MANY THANKS

At our Annual Meeting on the 5th of February, Donna, our Sr. Warden, Bob Hood, our Jr. Warden and Clay O'Neal will all be rotating off of the Vestry and new members will be elected. Each of our these people have served with a great deal of support and concern for Trinity. Not only have they attended Vestry meetings each month and listened when any of you had questions or concerns, but they have also worked diligently with Father Tony and other members of the staff and with you to further the vision and goals of Trinity.

We welcome the new members coming on, but want those leaving to know how much we appreciate the time and efforts each of these has put into helping to make Trinity's growth and presence in the community.

BIRTHDAYS

Feb. 2 Jonathan Oalde
Feb. 15 Diane Sargent
Rocky Currier
Feb. 20 Christine Patience
Marie Curewitz



O God, our times are in your hand; look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen. *BCP p. 830*

ANNIVERSARIES



Feb. 15 Val and Jerry Thomas

O God, bless our relationships, assist us with your grace, so that with true fidelity and steadfast love we may honor and keep the promises and vows we make to one another. Let us love one another as a sign of your love for us, through Jesus Christ our Lord. Amen.



A MESSAGE FROM THE SENIOR WARDEN

Writing this month's Sr. Warden message for the Bell is such a mixed blessing for me. When Father Tony asked me to consider accepting the position of Sr. Warden, my biggest fear and challenge was writing a monthly article. I didn't think I could do it.

Well, with God's help, I have done it, although with much trepidation each month. I decided in the beginning to write about the Vestry and what we were doing. For some months, I was able to do that. Other months there wasn't much to say about Vestry activities. So, I was sometimes able to focus on people in the congregation who quietly do jobs many are unaware of. Other months I wrote about our ministries or items that were in the news or were happening at Trinity or in the diocese.

At any rate, I was blessed to get through my fears and this turned into a time of growth and new understandings for me. Now I'll turn this over to a new Sr. Warden, and I look forward to reading the words of that individual. I'm very grateful to Father Tony for having confidence in my ability to serve as Sr. Warden. We are so blessed that he is so dedicated to Trinity and each of our ministries. He has supported the ministries we have and has helped to nurture and grow new ministries to Trinity and to our community.

I'm looking forward to the election and to the new voices and ideas coming to us through our new Vestry members.

Blessings to all, Donna

LENT

Lent, the forty days before Easter (not counting Sundays) will begin on March 1st. That day is **Ash Wednesday** and we will have three services that day. Morning Prayer will be at 9:00am and there will also be a service at noon and another at 6:00. Both of the evening services will include the imposition of ashes.

During Lent the local churches will hold a special luncheon each Wednesday with music and a speaker to which all are invited. We will host a luncheon here at Trinity on Wednesday, March 22nd. We do not yet have the full schedule but will send it out as soon as we receive one. Holy week will begin on **Palm Sunday**, March 9th with a full schedule of services that week and conclude with **Easter Sunday** on March 16th.

GIGGLESOME



Jim asked his friend, Tom whether he had bought his wife anything for Valentine's Day yet. "Yes" said Tom who was a bit of a chauvinist, 'I've bought her a nice new belt and a bag to go with it. 'That was really thoughtful of you,' Jim said, 'I hope she'll appreciate the thought.' Tom smiled sheepishly as he replied, 'So do I, and hopefully the vacuum cleaner will work better now.'

THYROID

by Jeanne Eaton



Hormones produced by the thyroid gland influence virtually every cell, tissue and organ in the body and are responsible for: helping to control your body temperature, increasing heart rate and stimulating heart muscle contraction, proper brain function, managing body energy expenditure, managing heat generation and weight, and regulating the function of the digestive tract.

More than 12% (30 million) of the US population will develop a thyroid disease during their lifetime. Up to 50% of those with thyroid disease are unaware of their condition. Be sure to get your blood drawn for thyroid functioning when you get your annual physical!

Trinity Bell Report for the month of December & YTD, 2016

	Dec Actual	Dec Budget	Over/Under	Y-T-D Act	Y-T-D Bud	Over/Under
	\$	\$				
Total Revenue	11,781	15,926	(\$4,145)	\$193,828	\$195,686	(\$1,858)
Total Expense	11,483	15,682	(4,198)	192,519	210,763	18,244
Surplus / (Deficit)	297	244	53	1,309	(15,077)	16,386

Collections	December Actual	December Budget	Over/Under Budget	Jan-Dec YTD Actual	Jan-Dec YTD Budget	Over/Under Budget
Challenge	\$0	0	\$0	\$11,626	\$0	\$11,626
Pledged Offerings	\$7,544		(\$4,306)	137,774	140,786	(3,012)
Non-Pledged Offerings	640	1,663	(1,023)	9,946	20,000	(10,054)
Other Offerings	1,185	1,000	185	7,841	12,000	(4,159)
Priest Fund	<u>575</u>	<u>638</u>	<u>(63)</u>	<u>8,815</u>	<u>7,700</u>	<u>1,115</u>
Net Income	\$9,945	\$15,151	(\$5,207)	\$176,001	\$180,486	(\$4,485)

VALENTINE DINNER SHOW

Saturday, Feb. 11th 6:00pm

Trinity Episcopal Parish Hall

204 SR 26 in Melrose

“Such a night!”

On Sat. Feb. 11th, at 6:00pm, Trinity’ Evangelism Committee will host a Valentine Dinner Show featuring “Elvis”. Teddy McMullen an acclaimed Elvis Tribute Artist will perform and a delicious Hawaiian Chicken dinner will be served.



Ticket donation is \$10.00. Please see Virginia or call the office for additional information and to get your tickets.

“It’s Now or Never”

I Can’t Help Falling In Love With You”



SERVERS' SCHEDULE FEBRUARY






DATE	SERVICE	EUCCHARISTIC MINISTER	LECTOR	USHER	GREETER
05-Feb-17	Single Service 10 AM	Chris Greenfield Bob Hood	Laurie Alsobrook	Rodney Paul	Vi Paul Donna Eichelsderfer
12-Feb-17	8:30	Rodney Paul	Jeanne Homany	Jeanne Homany	Virginia Smith
	11:00	Kristi Gregory	Annette Kessler	Will Flynn	Carol Flynn
19-Feb-17	8:30	John Katterhenry	Joyce Chesnut		Kathi Warren
	11:00	Bob Tickle	Suki Hoffman	Kristi Gregory	Joyce King
26-Feb-17	8:30	Bob Hood	Brian McCrea	Brian McCrea	Lynda Luykel
	11:00	Marie Curewitz	Liz Middleton	Liz Middleton	Elaine Ashley
Altar Guild		Cinnie Brown and Margaret Kidd			

Thank you for placing yourself in the service of Our Lord and His Church. If you are unable to serve on your scheduled date, please arrange for your replacement and notify the office.



February 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 First Sunday 10:00am Service Annual Meeting Potluck Lunch Following	"SUCH A NIGHT" Elvis Dinner Show 6:00pm Don't forget to get your tickets!	7 10am ECW Mtg.  Noon Lunch & Gospel 1:30 Old Testament 5:30 pm AA ~ Wicker 7:00pm AI Anon	1 9am Morning Prayer 6:00pm Eucharist And Healing Service	2 10am-4pm Thrift Shop 7:00pm AA ~ Wicker	3 2-5pm Thrift Shop	4 9am-noon Thrift Shop 10:30 AA—Wicker
12 8:30 and 11:00am Holy Eucharist 10:00 Coffee Hour Adult & Youth Ed 12:00 Lunch	6 9am Morning Prayer 7:00pm Scouts	14 10am Sisters Circle Noon Lunch & Gospel 1:30 Old Testament 5:30 pm AA ~ Wicker 7:00pm AI Anon PH in Use pm	8 9am Morning Prayer 6:00pm Eucharist And Healing Service	9 10am-4pm Thrift Shop 7:00pm AA ~ Wicker	10 2-5pm Thrift Shop	11 9am-noon Thrift Shop 10:30 AA—Wicker ELVIS Show & Dinner 6:00pm
19 8:30 and 11:00am Holy Eucharist 10:00 Coffee Hour Adult & Youth Ed 12:00 Lunch	13 9am Morning Prayer 7:00pm Scouts	21 10am Sisters Circle Noon Lunch & Gospel 1:30 Old Testament 5:30 pm AA ~ Wicker 7:00pm AI Anon	15 9am Morning Prayer 6:00pm Eucharist And Healing Service 7pm Vestry Mtg.	16 10am-4pm Thrift Shop 7:00pm AA ~ Wicker	17 2-5pm Thrift Shop	18 9am-noon Thrift Shop 10:30 AA—Wicker
26 8:30 and 11:00am Holy Eucharist 10:00 Coffee Hour Adult & Youth Ed 12:00 Lunch	20 9am Morning Prayer 7:00pm Scouts	28 10am Sisters Circle Noon Lunch & Gospel 1:30 Old Testament 5:30 pm AA ~ Wicker 7:00pm AI Anon	22 9am Morning Prayer 6:00pm Eucharist And Healing Service	23 10am-4pm Thrift Shop 7:00pm AA ~ Wicker	24 2-5pm Thrift Shop	25  Men's Club 7am 9am-noon Thrift Shop 10:30 AA—Wicker
27 9am Morning Prayer DOK 6pm 7:00pm Scouts						

Notes From The Junior Warden

Gratitude:

Gratitude is the *awareness* that we have been given a gift. Often it is an awareness that comes upon us in sudden and unexpected ways. We are walking along, and suddenly our breath is taken away by the beauty of the autumn leaves, or the rays of the sun piercing through the clouds, or the feel of the wind on our face, and we're caught up in the gift-fulness of the moment. Or we're talking with a friend, and suddenly we realize the *gift* this person has been to us and the tremendous treasure this friendship has been for us. We've been given a gift.

Gratitude, then, arises out of the *awareness* that we have been given a gift, that something has come to us from outside ourselves – something unexpected and even undeserved – and our lives have been enriched by it. We feel grateful.

This awareness can rise in us suddenly and unexpectedly, but it can also be *cultivated*. We can *develop* our awareness, and learn to *practice* gratitude.

Learning to see with eyes of gratitude, becoming more aware of the gifts that surround us on every side, is an ability that needs to be kept alive through constant practice.

There is not much in our culture that encourages this sense of wonder or that leads to gratitude. More often, we are seduced into thinking that we need to *acquire more* in order to be truly happy and fulfilled. Instead of encouraging us to give thanks for the gifts we have been given, the advertising that assaults us each day encourages us to be greedy for more gifts. A steady stream of messages tells us of the many things we *could* own, but don't. Our neighbors or co-workers describe to us their latest purchases with a sense of pride and satisfaction, as if these things were proof of their personal importance and worth. If we listen to these voices, we won't feel much *gratitude*. Instead, we'll start thinking we don't have enough and that we need to get more...and more...and more. To nurture a spirit of gratitude and to resist the lure of voices that tells us we don't have enough, takes courage and determination. Practicing gratitude is a radical act, and can be very counter-cultural.

Gratitude is the *awareness* that we have been given a gift. But to become *aware* of the gift is not enough. Gratitude moves beyond the recognition of the *gift* to the recognition of the *giver*.

Gratitude moves us beyond the recognition of the *gift* to recognize and thank the *giver*. In some ways, the gift itself is secondary in importance. What is more important is the exchange that takes place when we express our gratitude. The offering of the gift is only complete when we receive it with gratitude, and when that gratitude is *expressed*. Without the expression of gratitude, something is missing.

"Our *whole life* is a life of gratitude." Even in difficult times there are reasons to be grateful. We are alive. We are loved. We are surrounded by beauty and wonder. And God is near, loving us and supporting us and making a way for us. We know that *nothing* can separate us from God's love – no circumstance, no power on earth or in heaven, no trouble or hardship – *NOTHING!* We are and will be forever loved and held by God!

The *Book of Common Prayer* tells us that "the Eucharist is the central act of worship" in the Episcopal Church, and rightly so, because the word 'eucharist' literally means "to give thanks." In the Eucharist, we recall all that God has given us and all that God has done for us as a people. We recall God's mercies in creation, in the calling of God's chosen people, in the history of our salvation, in the life of Christ and his Church. And we give thanks, we offer "our sacrifice of praise and thanksgiving," holding up before God our lives and our work, along with this bread and wine, to be taken up into the mystery of God's plan for the whole creation.

Have you come to this Eucharist with hearts full of gratitude? Are you *aware* of the gifts that surround you on every side? Have you *awakened* to the gift of your own life, and are you prepared now to offer to God, the Giver of all good gifts, your "sacrifice of praise and thanksgiving"? Are your hearts so full of the wonder of life that you want to cry out with the psalmist, "*What shall I render to the Lord, for all his bounty to me?*"

I end my term as Jr. Warden filled with Gratitude for the trust you have placed in me to carry out Gods plan for Me.

In Christ,
Bob Hood

**Trinity Episcopal Church
204 SR 26
Post Office Box 361
Melrose, Florida 32666**

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February 2017

COMING EVENTS

FEBRUARY

- Feb. 5** **First Sunday**
One Service at 10:00am
Annual Meeting and Lunch Following
- Feb. 7** ECW Meeting 10:00am
- Feb. 11** Valentine Dinner Show with "Elvis"
- Feb. 15** Vestry Meeting 7pm
- Feb. 25** Men's Club
- Feb. 28** Shrove Tuesday

REGULAR EVENTS

Sunday : 8:30 & 11:00am Holy Eucharist

9:30am Breakfast

10:00am Children's Sunday School

Adult Christian Formation

Noon Lunch

1st Sunday of the Month

One Service only at 10:00am

In the Parish Hall

Lunch Following

Mon. & Wed. 9:00 Morning Prayer

Tuesdays: Noon Lectionary Study at Betty's Pizza

Bible Study at 1:30 - Wicker Room

Wednesday: 6:00pm Eucharist

Thrift Shop

Open 10am to 4pm Thursday

2pm—5pm Friday

9am—Noon Saturday

Access Program

Tuesdays and Thursdays 10am—2pm