

# The Trinity Bell



Volume 14, Issue 11

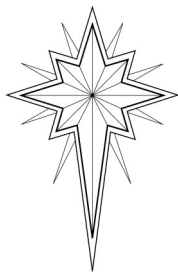
Newsletter of Trinity Episcopal Church

January 2017

*The vision of Trinity Church is to be relevant to the Lake Region Community  
serving and drawing others to the gospel of Jesus Christ as a growing Episcopal Church.*



## A Word from Father Tony



### Fear Not

Not to the priest in the temple of old,  
Not to the king in his palace of gold,  
Not to the famous - the men of the hour,  
Not to the great with their might and their power;  
But to the shepherds alone in the night  
God sent His glorious angels of light,  
Bearing their tidings, so blessed and true,  
"Fear not! a Saviour is born unto you."

Not to the men who in arrogant pride  
March ever on over life's surging tide;  
Not to the boastful who make their life's aim  
Only to seek after worldly acclaim;  
But to the humble, the meek, and the low,  
When in the night of great trial and woe,  
God sends His Spirit to whisper anew,  
"Fear not! Your Saviour abideth with you!"

James A. Dillion

Merry Christmas Trinity Family! May the joy of God's abiding love fill you richly this Christmas season! God's peace and health and travel mercies be with you this holiday.

Warmly, Fr. Tony+

## DIOCESAN CONVENTION MARCH 24, 2017

This year everyone in the diocese is invited to come to the Saturday events of Diocesan Convention where The Right Reverend & Right Honourable Richard Chartres, Bishop of London will be the speaker. The topic is "A New Day" The cost for those who wish to attend on Saturday is \$40.00 which includes: Round trip bus from the Marriot Hotel (where there is plenty of parking) to the Downtown Episcopal school as well as breakfast and lunch and evening hors d'oeuvres. If you would like to attend, you can go to the Diocesan website and you will find the form there or come into the office and we will help you register.

## GENERAL MEETING - FEBRUARY 5

Our annual meeting this year will take place on Sunday, Feb. 5th. We will have a single 10:00am service and the meeting will take place immediately following. The annual meeting is always important and informative. We will be electing three new Vestry members. There will also be a budget report and the new budget for 2017 will be presented. Please make plans to attend this meeting.

Since the Diocesan Convention will not be held until March this year, we will have a short meeting after Easter during which we will be able to hear reports from convention and we will elect a delegate and an alternate for next year's convention at that time. If you are interested in being a delegate, please let a member of the Vestry, Fr. Tony or the office know.



**The Next First Sunday is:**  
**January 1, 2017**  
**One Service at 10:00am**

**Head of the Church  
Jesus Christ**

**The Rt. Rev. Samuel Johnson Howard  
Bishop of Florida**

**Members of the Vestry**

**Senior Warden  
Donna Eichelsderfer 2017  
Bob Hood, Jr. Warden 2017  
Clay O'Neal 2017  
Jeanne Homany 2018  
Laurie Alsobrook 2018  
Joyce Chesnut 2019  
Brian McCrea 2019  
Carol Pettie, Treasurer  
Liz Outten, Clerk**

**Clergy**

**Rev. Tony Powell, Rector**

**Music**

**Margaret Rice, Choir Director  
Figg Poncher, Organist**

**Office**

**Figg Poncher,  
Financial Administrator  
Linda Wilcox,  
Parish Administrator  
and Editor of the "Trinity Bell"**

**Service Times**

**8:30 am and 11:00 am Sunday**

**Trinity Episcopal Church  
204 SR 26**

**Post Office Box 361  
Melrose, Florida 32666**

**Office Hours: 9:30 am to 2:30 pm  
Monday thru Thursday**

**Office Phone: 352 475-2177  
Fax: 352 475-6181**

**Email:  
trinitymelrose@windstream.net  
Website: trinitymelrosefl.org**

**DEADLINE FOR THE  
FEBRUARY TRINITY BELL IS  
JANUARY 15th**



**ECW**

The January ECW meeting will be a 6:00pm dinner meeting in the parish hall. Our speaker will be from Elder Options and have much good information from us and will even give us a little Tai Chi demonstration. The salad dinner will be provided by the ECW.

**THANK YOU!**

We want to thank everyone who gave of their time, talent and treasure to support the bazaar. This includes anyone who saved, knitted, crocheted, painted built a project, or nurtured a plant, as well as those who baked, canned or prepared the meals we served. It also includes everyone who helped set it up or take it down. It does take a village, and we have the best!. A total of 43 volunteers helped us. Thank you all.

Donna and Elaine  
Co-Chairmen, 2016

**BIRTHDAYS**

Jan. 3 Amanda Gray	Jan. 17 Margaret Kidd
Jan. 5 John Rynd	Jan. 19 Ken Wacha
Jan. 9 Dave Kidd	Jan. 22 Phillip Parsons
Jan. 10 Kathy Garcia	Jan. 30 Tim Paul
Jan. 16 Lynda Luekel	



O God, our times are in your hand; look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen. *BCP p. 830*

**NEW TREATS**

In January, after the 8:30am services we will be having breakfast snacks. There will be a sheet in the kitchen for people to sign up to bring the snacks each week. They can be of your choosing, anything from bagels to cookies or sweet breads and fruit, of whatever you might choose. If two people team up each week it would make it easier and more fun to do. The sign up sheet will be on the refrigerator door. Thanks!

**ANNIVERSARIES**

Jan. 3 Terrell and George Bothwell  
Jan. 31 Margaret and Jack Rice

O God, bless our relationships, assist us with your grace, so that with true fidelity and steadfast love we may honor and keep the promises and vows we make to one another. Let us love one another as a sign of your love for us, through Jesus Christ our Lord. Amen.





### NOTES FROM THE SENIOR WARDEN

At this time last year I wrote about the success of the bazaar and how the efforts of many people are an expression of love for God and Trinity. I feel the same this year. But, I also am thinking about how we get to this place, to ten years of bazaars in recent time.

Years ago Trinity used to have a bazaar, but when I came to Trinity in 2001 there hadn't been one in a while. In 2007 I was chairman of the Fellowship Committee when Marilyn Blair and Jean Stegall proposed having a bazaar in the Fall. I don't really remember what month it was when they suggested it, but I did think they were crazy. How could we possibly get enough items together for a bazaar in whatever length of time it was? Well, the committee voted in favor of the idea, and Marilyn and Jean were the co-chairs of the first Bazaar and made it happen. The 2007 bazaar was a success with a \$2300.00 profit. This year was once again a success with a profit of over \$7,000. The bazaar has evolved over the years. In 2007, 08, and 09 we included a quilt show. In later years we had demonstrations of artisans. In later years we made it a two day event with meals both days, added the sale of plants and most recently furniture. Different individuals have co-chaired through the years and all have done an incredible job, and almost every woman in the ECW has contributed baked goods, plants, knitted items, and in so many other ways. For the past few years the men of the church have also helped with some of the cooking of the Saturday BBQ lunch, and helping with the plants. Everyone is such a tremendous help with this wonderful expression of love to our community.

Trinity Family,

On January 18<sup>th</sup>, G. Richard Deal will join us for our Wednesday evening Eucharist. Richard is a concert pianist, trained in classical and sacred music, who will play for us that evening. We will conclude his program with prayers of the people and Holy Communion. Please invite friends and neighbors for a great evening of music and worship!



Warmly, Tony

### GIGGLESOME

Dear Lord

So far this year I've done very well with my New Year's resolutions. I haven't gossiped, I haven't lost my temper, I haven't been greedy, grumpy, nasty, selfish, or overindulgent. I'm very thankful for your help with those things. But in a few minutes, Lord, I'm going to get out of bed and face this first day of the new year, and from then on I'm probably going to need a lot more help. Thank you. Amen



### MEDITERRANEAN DIET

by Jeanne Eaton

Want to live longer? Consider adopting a Mediterranean diet, which replaces butter with olive oil and other "good" fats and emphasizes fruits, vegetables, legumes, unprocessed grains, fish, moderate amounts of red wine and dairy, and little or no red meat. Among 44 studies, researchers found that a Mediterranean style diet appeared to lower the risk of heart attack, stroke, and heart-related deaths by 29 percent. The diet also reduced the risk of developing type 2 diabetes by 30 percent, breast cancer by 57 percent, and overall cancer death by 14 percent. (The benefit is greatest when heart disease hasn't yet set in, research shows.) Researchers suspect that this way of eating may lower bad cholesterol, blood pressure, and damaging inflammation in the body.

Source: Annals of Internal Medicine. July 18, 2016.

**Trinity Bell Report for the month of November & YTD, 2016**

	<b>Nov Actual</b>	<b>Nov Budget</b>	<b>Over/Under</b>	<b>Y-T-D Act</b>	<b>Y-T-D Bud</b>	<b>Over/Under</b>
<b>Total Reve-</b>	\$ 24,625	\$ 22,229	\$2,396	\$182,047	\$179,760	\$2,287
<b>Total Ex-</b>	16,599	18,430	(1,831)	181,036	195,081	14,046
Surplus /	8,026	3,799	4,227	1,011	(15,321)	16,333

<b>Collections</b>	<b>November <u>Actual</u></b>	<b>November <u>Budget</u></b>	<b>Over/Under <u>Budget</u></b>	<b>Jan-Nov <u>YTD Actual</u></b>	<b>Jan-Nov <u>YTD Budget</u></b>	<b>Over/Under <u>Budget</u></b>
						-
Challenge	\$0	0	\$0	\$11,626	\$0	\$11,626
Pledged Offer-	\$16,143	11,845	\$4,298	130,229	128,936	1,293
Non-Pledged Offerings	933	1,667	(734)	9,306	18,337	(9,031)
Other Offer-	709	1,000	(291)	6,656	11,000	(4,344)
Priest Fund	<u>280</u>	<u>642</u>	<u>(362)</u>	<u>8,240</u>	<u>7,062</u>	<u>1,178</u>
Net Income	\$18,065	\$15,154	\$2,911	\$166,057	\$165,335	\$722

**“TRINITY BELL”**

If you have news of plans for the coming months, announcements, or reports, or would just like to write an article for the “Bell”, the deadline is the 15th of each month. Communication is what helps us work and play together and we’re always delighted to see new things each month.

If you have something you’d like to see on our pages or ideas for new columns, please get in touch with Linda or Father Tony.

**MOVING ON TO THE TECHNOLOGICAL AGE**

We’re moving away from so much paper and into the technological age with the “Trinity Bell”. Starting this month we are sending the “Bell” out to everyone for whom we have an email address. If you prefer not to read things online, you will be able to print the “Bell” and read it at your leisure. If you do not have a computer or a printer, please let us know and we will see that you get a copy. There will also be copies in the back of the church each Sunday as well as having it on our website. Along with saving a number of trees for the birds and squirrels, we will also be saving ink, and postage.





## SERVERS' SCHEDULE JANUARY



DATE	SERVICE	EUCCHARISTIC MINISTER	LECTOR	USHER	GREETER
01-Jan-17	Single Service 10 AM	Bob Hood Rodney Paul	Margaret Rice	Will Flynn	Carol Flynn Vi Paul
08-Jan-17	8:30	Chris Greenfield	Jeanne Homany	Jeanne Homany	Kathi Warren
	11:00	Kristi Gregory	Liz Middleton	Liz Middleton	Joyce King
15-Jan-17	8:30	John Katterhenry	Brian McCrea	Brian McCrea	Donna Eichelsderfer
	11:00	Bob Tickel	Kristi Gregory	Kristi Gregory	Margaret Kidd
22-Jan-17	8:30	Bob Hood	Joyce Chesnut	Rodney Paul	Vi Paul
	11:00	Marie Curewitz	Jean Giesel	Kristi Gregory	Elaine Ashley
29-Jan-17	8:30	Chris Greenfield	Chris Greenfield		Lynda Luekel
	11:00	Sharon Jax	Sharon Jax	Liz Middleton	Joyce King
Altar Guild	Cinnie Brown and Betty Griffith				

Thank you for placing yourself in the service of Our Lord and His Church. If you are unable to serve  
on your scheduled date, please arrange for your replacement and notify the office.





# January 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 First Sunday One Service 10:00am Lunch Following	2 9am Morning Prayer 7:00pm Scouts	3 6pm ECW Dinner Noon Lunch & Gospel 1:30 Old Testament 5:30 pm AA ~ Wicker 7:00pm AI Anon	4 9am Morning Prayer 6:00pm Eucharist And Healing Service	5 10am-4pm Thrift Shop 7:00pm AA ~ Wicker	6 2-5pm Thrift Shop	7 9am-noon Thrift Shop 10:30 AA—Wicker
8 8:30 and 11:00am Holy Eucharist 10:00 Coffee Hour Adult & Youth Ed 12:00 Lunch	9 9am Morning Prayer 7:00pm Scouts	10 10am Sisters Circle Noon Lunch & Gospel 1:30 Old Testament 5:30 pm AA ~ Wicker 7:00pm AI Anon	11 9am Morning Prayer 6:00pm Eucharist And Healing Service	12 10am-4pm Thrift Shop 7:00pm AA ~ Wicker	13 2-5pm Thrift Shop	14 9am-noon Thrift Shop 10:30 AA—Wicker
15 8:30 and 11:00am Holy Eucharist 10:00 Coffee Hour Adult & Youth Ed 12:00 Lunch	16 9am Morning Prayer 7:00pm Scouts	17 10am Sisters Circle Noon Lunch & Gospel 1:30 Old Testament 5:30 pm AA ~ Wicker 7:00pm AI Anon	18 9am Morning Prayer 6:00pm Piano Concert, Eucharist	19 10am-4pm Thrift Shop 7:00pm Vestry 7:00pm AA ~ Wicker	20 2-5pm Thrift Shop	21 9am-noon Thrift Shop 10:30 AA—Wicker
22 8:30 and 11:00am Holy Eucharist 10:00 Coffee Hour Adult & Youth Ed 12:00 Lunch	23 9am Morning Prayer 6:00pm DOK 7:00pm Scouts	24 10am Sisters Circle Noon Lunch & Gospel 1:30 Old Testament 5:30 pm AA ~ Wicker 7:00pm AI Anon	25 9am Morning Prayer 10am Outreach Mtg 6:00pm Eucharist And Healing Service	26 10am-4pm Thrift Shop 7:00pm AA ~ Wicker	27 2-5pm Thrift Shop	28 Mer 9am-noon Thrift Shop 10:30 AA—Wicker
29 8:30 and 11:00am Holy Eucharist 10:00 Coffee Hour Adult & Youth Ed 12:00 Lunch	30 9am Morning Prayer 7:00pm Scouts	31 10am Sisters Circle Noon Lunch & Gospel 1:30 Old Testament 5:30 pm AA ~ Wicker 7:00pm AI Anon				

## NOTES FROM THE JUNIOR WARDEN

### Found in the Wilderness – Br. John Braught

“Hello!?” “Is there anybody out there!?”

Being lost is terrible. In the wilderness, it is particularly distressing. When we are lost in the wilderness, every leaf and tree looks the same, we become increasingly bewildered, may wander in circles, and wonder whether we have passed this way before. And though few of us, perhaps, have been lost to the extent of being life-threatening; most of us, I suspect, can identify with the feeling of being uncomfortably lost. When we realize we are lost our hearts race, or sink. We feel confused, and very frustrated. Depression sets in. We get anxious; and – if we are all alone and it is getting dark – progressively, hopeless. Being lost is terrible. Being lost makes us want to cry out: for help, for recognition; to let somebody – anybody! – know we are lost. “Hello!?” “Is there anybody out there!?” And how much hope does a response bring! Somebody is out there! Somebody knows we are lost, and will find us! A response is the answer to the no doubt innumerable prayers that have been uttered; the answer to the deepest longing of our heart: We are found! The wilderness is the place we get lost, but the wilderness is also the place we are found. John the Baptist cries out in the wilderness, “The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals.” John the Baptist cries out in the wilderness, but this is not the cry of someone who is lost. No. This is the cry of someone who has been found in the wilderness, though it is safe to say that John once had been lost. Clothed in camel’s hair, a leather belt around his waist; John ate locusts and wild honey. An icon we possess depicts John as dirty, bearded, with wild, tangled hair. A real wild man, you can tell John’s been somewhere dark; but not anymore. John the Baptist was lost in the wilderness, but is found. John is found by Jesus in the wilderness – the place of encounter.

Wilderness, in the Bible, is the place of encounter. In Hebrew scripture, the original name for the book of Numbers, *Bamidbar*, means “in the wilderness”. The book of Numbers recounts how God led the Israelites into the wilderness (where they wandered forty years before they entered the Promised Land). It was in the wilderness, on Mt. Sinai, that God spoke to Moses, and gave the Israelites their laws and commandments. The wilderness is essential for the Israelites understanding of how God deals with them; God deals with the Israelites in the wilderness. And so we find John the Baptist in the wilderness. We find Jesus, after he is baptized by John, driven into the wilderness. The wilderness is essential for the Israelites understanding of how God deals with them; but not just the Israelites, the first Christian monks – the desert Fathers and Mothers – imitated Christ, they sought to live an authentic Christian life by purposefully fleeing into the wilderness, the place of encounter.

Wilderness is the place of encounter because in the wilderness – the desolate, barren, lonely, isolating wilderness, the place where we get lost – in the wilderness we are brought up against our own limits. Our wealth, our status, our privilege do not count for much in the wilderness. There is no “don’t you know who I am” in the wilderness. We are all the same in the wilderness: fragile, weak, defenseless. The first thing we encounter in the wilderness is ourselves, and we don’t always like what we find – so we don’t like to go there. We don’t like to go to the wilderness, because we don’t like to be encountered by our weakness, our lack of control, we don’t like to feel lost. But even if we don’t go there on purpose like the first Christian monks, Advent reminds us that there will be seasons when we inevitably find ourselves in the wilderness.

Advent means *coming*. Advent reminds us that there was a time when God, as we understand God, was not present in the world. But not only that, Advent reminds us that there are times, and that there will be times when God does not seem to be present in our lives. Many of us have been there. Advent reminds us that there are times when we will be waiting, and we need God to come because we are lost in the wilderness, and it is getting dark. It might be that we are lost in the wilderness of grief because someone has died, or we need to let go of someone we love. Maybe we’re lost in the wilderness of resentment when we replay in our mind some slight or injustice over and over and over again. Maybe we’re lost in the wilderness of regret, or shame, or overwhelmed with too much to do, too much responsibility, we feel overpowered by life, and we can’t find a way out. We need God to come. Advent means *coming*. God is coming, and that’s what we are waiting for during Advent. God is coming, and this good news is proclaimed in the wilderness, the place of encounter, “The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals.”

This is the cry of someone who has been found in the wilderness. Once lost, John the Baptist was found by Jesus in the wilderness. John found another way. John preaches repentance, a turning around, a change in thinking and direction, John preaches another way, but it’s not his way, “The one who is more powerful than I is coming after me; I have baptized you with water; but he will baptize you with the Holy Spirit.” John was found in the wilderness, John found another way, but John remains in the wilderness to proclaim good news to those who are still lost. John proclaims good news to those who are lost in the wilderness and have cried out: for help, for recognition, to let somebody – anybody! – know they are lost. “Hello!?” “Is there anybody out there!?” And how much hope does a response bring! “The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals!” Somebody is out there, and they are proclaiming good news. Advent reminds us that when we are lost in the wilderness, which we sometimes will be, we don’t need to find our own way out. What we need when we are lost in the wilderness is to allow ourselves to be found in the wilderness, the place of encounter. Advent reminds us that when we are lost in the wilderness what we need to do is stop. Cry out. Wait. Listen. And hear the good news: The One with power is on his way

Bob Hood

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JANAURY 2017

## COMING EVENTS

### JANUARY

- Jan. 1.**      **First Sunday**  
              **One Service 10:00am**
- Jan. 3**      ECW Dinner Mtg. 6:00
- Jan. 10**     PH in use
- Jan. 24**     ECW Board Mtg.
- Jan. 28**     Men's Club 7:00am

## REGULAR EVENTS

**Sunday : 8:30 & 11:00am Holy Eucharist**  
              9:30am Breakfast  
10:00am Children's Sunday School  
              Adult Christian Formation  
              Noon Lunch

**1st Sunday of the Month**  
One Service only at 10:00am  
In the Parish Hall  
Lunch Following

**Mon. & Wed. 9:00 Morning Prayer**  
Tuesdays: Noon Lectionary Study at Betty's Pizza  
Bible Study at 1:30 - Wicker Room

**Wednesday: 6:00pm Eucharist**

**Thrift Shop**  
Open 10am to 4pm Thursday  
2pm—5pm Friday  
9am—Noon Saturday

**Access Program**  
Tuesdays and Thursdays 10am—2pm